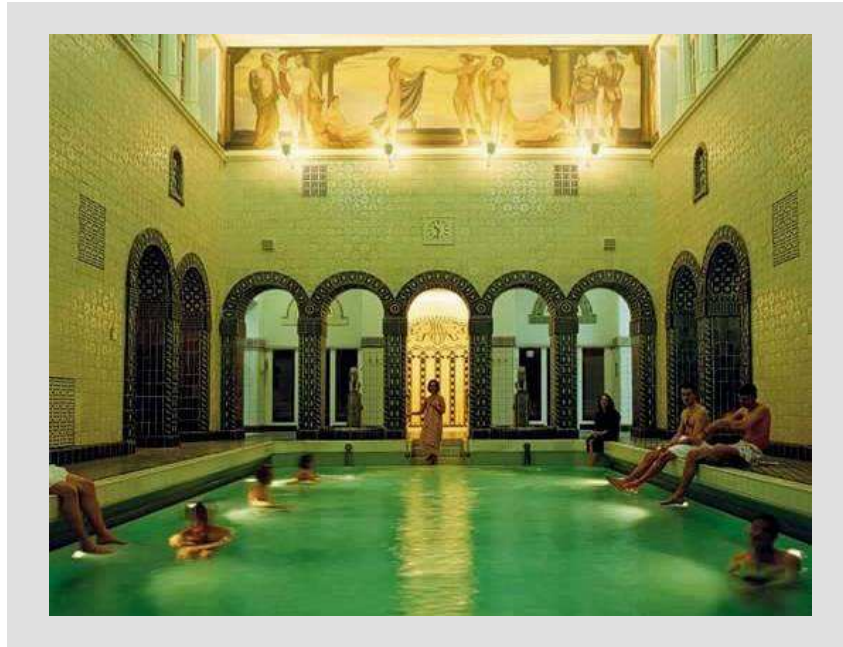


Sample Itinerary

Spa tour around Frankfurt (7 days)

Frankfurt – Wiesbaden – Bad Wildungen – Bad Kissingen – Bad Homburg



DAY 1 **USA – Frankfurt**

Departure from the USA (overnight flight)

DAY 2 **Frankfurt**

Arrival in Frankfurt

Hotel check-in

Guided city tour

Frankfurt Tourist Office
Kaiserstrasse 56
60329 Frankfurt am Main
Tel: +49 (69) 2123 8953
Fax: +49 (69) 2123 8243
E-Mail: citytours@infofrankfurt.de
www.frankfurt-tourismus.de

DAY 2
Cont'd **Frankfurt**

Places of interest:

- Römerberg square
- Cathedral
- St. Paul's Church
- Banking district
- Alte Oper concert hall
- Museum Embankment with Städel Art Museum
- Goethe's house

Frankfurt – As the seat of the European Central Bank and venue of more than 30 trade fairs per year, the modern city by the river Main commands center stage of the world's finance and economic markets. Frankfurt has always played an important role in European history. A number of historical buildings have remained to document this fact: the cathedral, where German kings were once crowned, St. Paul's Church, seat of the first German National Assembly, or Goethe House, birthplace of one of Germany's favorite sons. Today, Frankfurt is also recognized as a dynamic cultural center with many fine museums, theaters and galleries.



Römer Square



Alte Oper concert hall

Dinner

Overnight in Frankfurt

DAY 3 **Frankfurt – Wiesbaden**

Breakfast at the hotel and check-out

Transfer to Wiesbaden – 25 miles (by car, coach, or train)

Hotel check-in

DAY 3
Cont'd

Wiesbaden

Guided city tour

Wiesbaden Tourist Office

Marktplatz 1

65183 Wiesbaden

Tel: +49 (611) 172 9930

Fax: +49 (611) 172 9798

E-Mail: tourist-service@wiesbaden-marketing.de

www.wiesbaden.de

Places of Interest:

- Spa House
- Town Hall
- Castle Sonnenberg
- Biebrich Palace
- Roman Gate
- Hessian State Theater
- State House ('Landeshaus')
- Man-size Cuckoo Clock in the Old Quarter

Wiesbaden – The state capital of Hesse is located in the heart of the Rhine-Main region. The neighboring Rheingau region, one of the most beautiful and traditional wine growing areas in Germany, lives in harmony with Wiesbaden, also known as the 'Gateway to the Rheingau'. The city's historical Old Town has been kept in best conditions and covers all architectural styles of past centuries. This classical flair fits perfectly with the city's development as a modern health center. The popular Kaiser Friedrich Thermal Spa, build on the site of a historical Roman bath, features antique style interior with elaborate ornaments.



Biebrich Palace

Light Lunch

Visit to Kaiser Friedrich Thermal Spa

Kaiser-Friedrich-Therme

Langgasse 38-40

65183 Wiesbaden

Tel: +49 (611) 317 060

Fax: +49 (611) 317 077

E-Mail: kft@wiesbaden.de

www.wiesbaden.de

DAY 3
Cont'd **Wiesbaden**

Dinner

Optional: Visit to Casino at the historical spa house of Wiesbaden

Spielbank Wiesbaden

Kurhausplatz 1

65189 Wiesbaden

Tel: +49 (611) 536 100

Fax: +49 (611) 536 199

E-Mail: info@spielbank-wiesbaden.de

www.spielbank-wiesbaden.de

Overnight in Wiesbaden

DAY 4 **Wiesbaden – Bad Wildungen**

Breakfast at the hotel and check-out

Transfer to Bad Wildungen – 107 miles (by car or coach)

Bad Wildungen Tourist Office

Brunnenallee 1

34537 Bad Wildungen

Tel: +49 (5621) 965 6741

Fax: +49 (5621) 965 6737

E-Mail: info@badwildungen.net

www.bad-wildungen.de

Hotel check-in

Light Lunch

Walk through the town

Places of interest:

- Old quarter
- Spa gardens
- Friedrichstein Castle
- Gothic town church
- Spa museum

**DAY 4
Cont'd**

Bad Wildungen

Bad Wildungen – The state spa of Bad Wildungen, along with the spa district of Reinhardshausen, is known as a traditional, yet ultra-modern spa resort. It is home to 22 iron, magnesium and carbonated medicinal springs, seven of which are in Reinhardshausen. However, the days of people coming here simply to take the waters are long gone. A remarkable blend of the traditional and the modern, the town now offers treatment for the following conditions: cardiovascular disease, metabolic disorders, diseases of the kidneys and urinary tract, psychosomatic fatigue, general infirmity and convalescence.



Spa gardens

Visit to Quellen Thermal Spa Reinhardshausen

Quellen Therme

Hauptstrasse 2

34537 Bad Wildungen - Reinhardshausen

Tel: +49 (5621) 752 9840

E-Mail: quellentherme@goebels-aquavita.de

www.quellen-therme.de

Dinner

Overnight in Bad Wildungen

DAY 5 **Bad Wildungen – Bad Kissingen**

Breakfast at the hotel and check-out

Transfer to Bad Kissingen – 105 miles (by car or coach)

Bad Kissingen Tourist Office

Am Kurgarten 1

97688 Bad Kissingen

Tel: +49 (971) 804 8211

Fax: +49 (971) 804 8239

E-Mail: tourismus@badkissingen.de

www.badkissingen.de

Hotel check-in



DAY 5
Cont'd

Bad Kissingen

Lunch

Walk through the town

Places of interest:

- Europe's largest pump room
- Gradierbau building
- Arcade walks and spa gardens
- Regent's building
- Schmuckhof courtyard
- Theater

Bad Kissingen – Since the beginning of the 19th century, people have been coming to Bad Kissingen to enjoy the therapeutic effects of mud as well as water. Alongside the thermal mineral waters, Bad Kissingen is also famous for its natural mud treatments containing valuable biological ingredients. Heated to 104°F, the mud gradually spreads pleasant warmth all over your body. The treatment even reaches inner organs and muscles, making mud spas and packs particularly good for rheumatic diseases, joint complaints and hormonal disorders, as well as for relieving the general symptoms of stress. Mud treatments can also help alleviate the other medical conditions such as cardiovascular disease, musculo-skeletal illnesses, rheumatic diseases and diseases of the digestive system.



KissSalis Thermal Spa

Visit to KissSalis Thermal Spa

KissSalis

Heiligenfelder Allee 16
97688 Bad Kissingen
Tel: +49 (971) 826 600
Fax: +49 (971) 826 699
E-Mail: info@kisssalis.de
www.kisssalis.de

Dinner

DAY 5
Cont'd **Bad Kissingen**

Overnight in Bad Kissingen

DAY 6 **Bad Kissingen – Bad Homburg**

Breakfast at the hotel and check-out

Transfer to Bad Homburg – 102 miles (by car or coach)

Bad Homburg Tourist Office

Ludwig-Erhard-Anlage 1-5

61352 Bad Homburg

Tel: +49 (6172) 999 4140

Fax: +49 (6172) 999 9807

E-Mail: info@bad-homburg.de

www.bad-homburg.de

Hotel check-in

Lunch

Walk through the town

Bad Homburg – It wasn't so long ago that princes and kings from all over the world flocked to Bad Homburg to relax, recuperate and revitalise themselves. This idyllic spa resort at the foot of the Taunus hills, its "champagne air" and the exclusive surroundings of the casino and spa gardens, were lauded by none other than Kaiser Wilhelm II. Today, guests can unwind in regal luxury at the Kur Royal Day Spa in the Kaiser Wilhelm Spa. Formerly the residence of the Landgraves of Hessen-Homburg, it is among the finest baroque complexes in Germany, and rose to international fame after featuring in Heinrich von Kleist's "Prince of Homburg" play. The town's health treatments are focused on the salubrious, therapeutic powers of the high-quality thermal waters, which are full of beneficial mineral elements.



Kaiser Wilhelm Spa

**DAY 6
Cont'd**

Bad Homburg

Places of interest:

- Spa gardens
- Kaiser Wilhelm Spa
- Palace with palace gardens
- Saalburg Roman Fort
- The Limes, UNESCO site
- Casino

Visit to Taunus Thermal Spa

Taunus Therme

Seedammweg 10

61352 Bad Homburg

Tel: +49 (6172) 40640

Fax: +49 (6172) 42003

E-Mail: info@taunus-therme.de

www.taunus-therme.de

Dinner

Overnight in Bad Homburg

DAY 7 Bad Homburg – Frankfurt – USA

Breakfast at the hotel and check-out

Transfer to Frankfurt Airport – 16 miles (by car, coach, or train via Frankfurt main station)

Departure to the USA